

Nebraska Health Care

11 - 18 Sep 2022

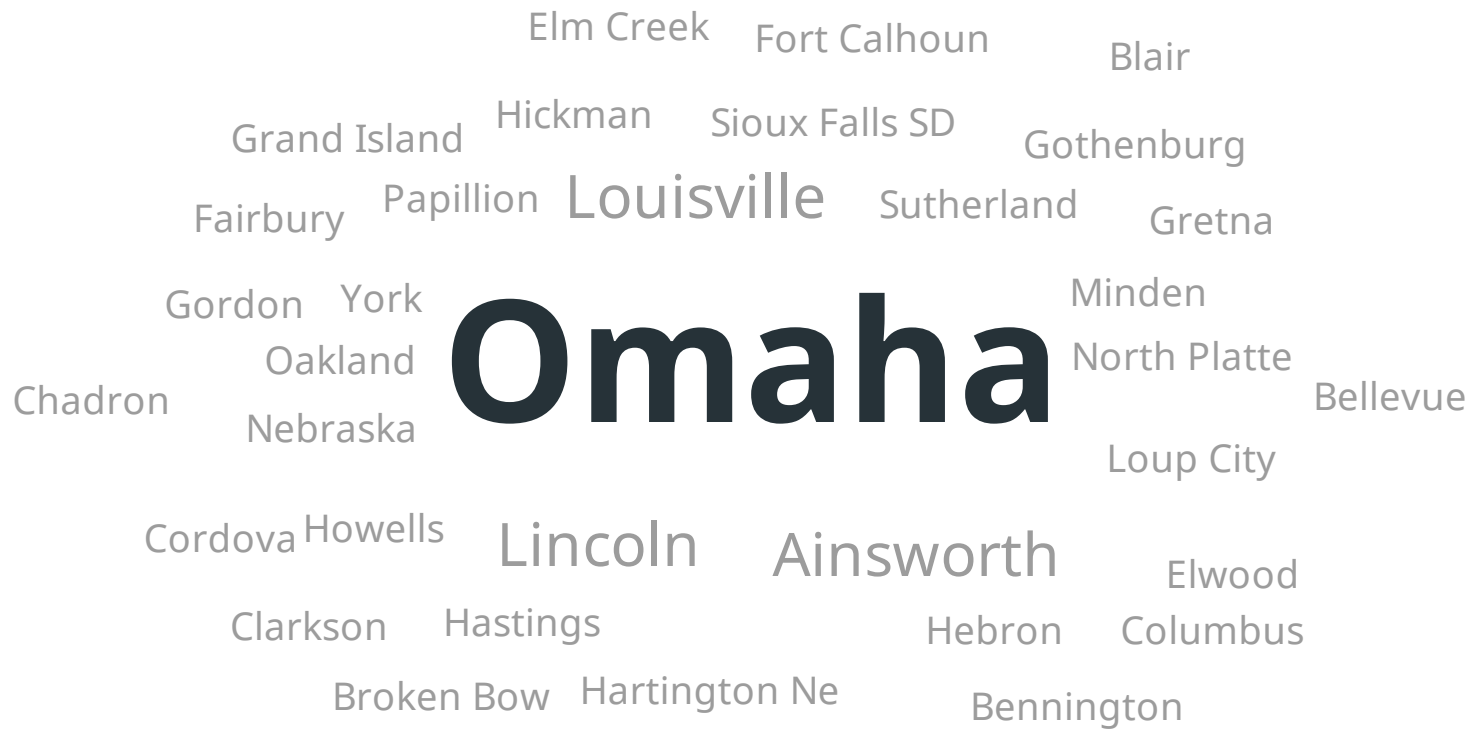
Poll results

Table of contents

- What City or Town are you from?
- What is your level of understanding around Gallup Strengths?
- Session One - Strengths and Self-Awareness
- Workshop Recap
- Rank your "pillars" from highest or #1 level of satisfaction to lowest or #6 level of satisfaction.
- What do you do differently today compared to what you did prior to CoVid?
- What is your role or "generic" job title?

What City or Town are you from?

0 4 7



What is your level of understanding around Gallup Strengths?

066

1/5: Just this Clifton Strengths assessment I took. Thats it!

6 %

2/5: I have a little bit of understanding about Clifton Strengths

20 %

3/5: I am currently familiar with what Clifton Strengths are.

26 %

4/5: I am familiar with Clifton Strengths and who I am and who I am not

44 %

5/5: Got it. I know how to harness my strengths and how to develop them into talents daily.

5 %

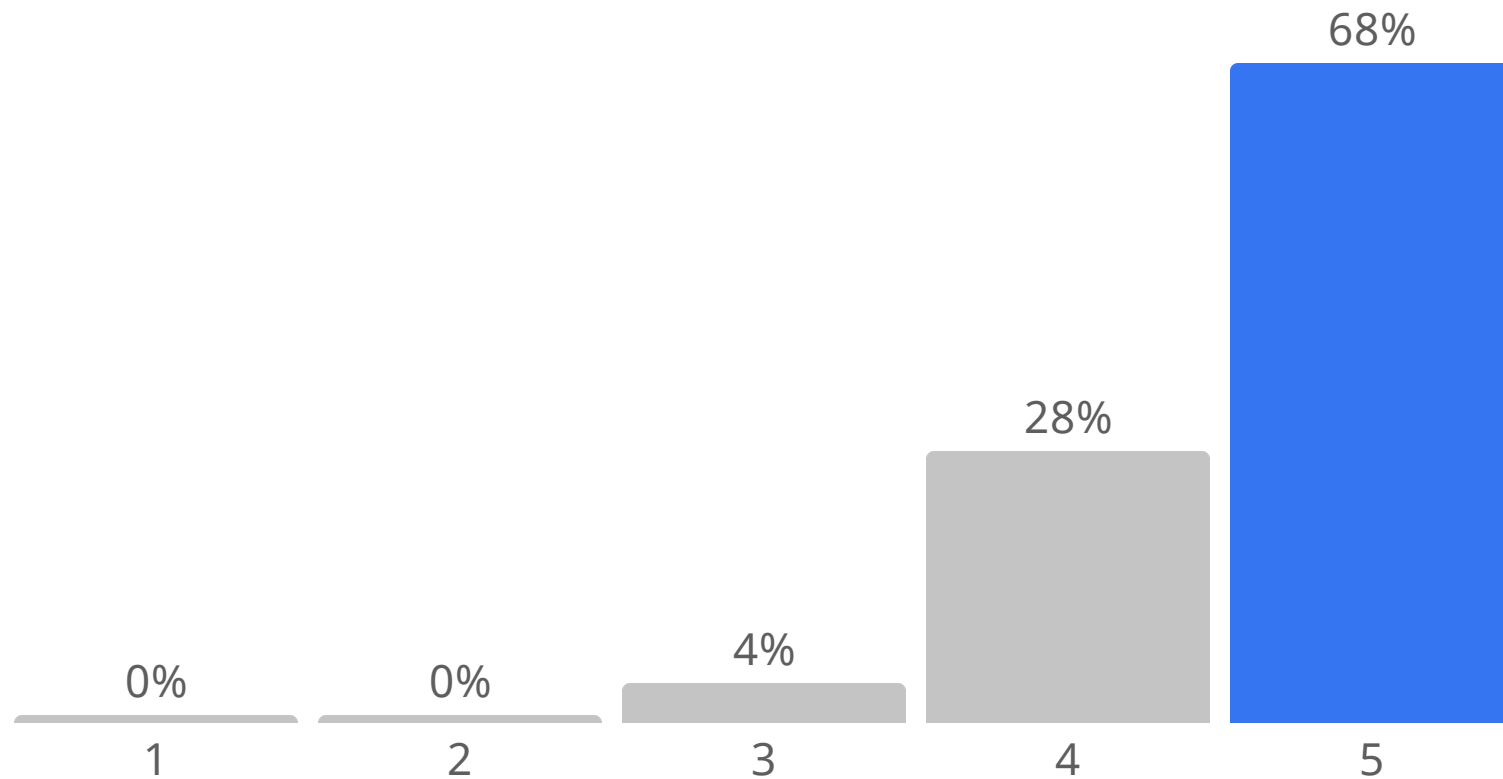
Rating poll

Session One - Strengths and Self-Awareness (1/3)

0 4 7

Learning about my innate talent in relation to Clifton Strengths and Emotional Intelligence, impacted and resonated with me (1 is low resonance 5 is highly resonated)

Score: 4.6



What resonated most with me during this first session about Clifton Strengths and EQ? (1/3)

- How to work with my teams
- Understanding a teams strengths
- Putting team strengths together
- The need to be intentional regarding my strengths
- Identifying basements to avoid that appearance
- Importance of self awareness
- Knowing more about the team dynamics
- Master strengths and understanding basement
- Work better others,
- balanced team
- Understanding the balconies and basements and how others see me on both ends of the spectrum
- Understanding basements not negative
- I initially thought my strengths were not positive. I like the “dare” to use our strengths with no apology
- Understanding of basements
- I appreciated your personal Wal Mart stories as a way to

What resonated most with me during this first session about Clifton Strengths and EQ? (2/3)

- show examples. Page 21 is a great personal tool.
- What my basement is and how others view me
- Getting a deeper understanding of myself.
- Be yourself. Know your self
- Balconies and basements.
- Being able to understand the why to my strengths. Learning balconies and basements.
- "Some of the simplest things can make the biggest impact if you do it over and over" Loved this!
- What I am and am not
- How important it is to have different strengths on teams!
- Positivity
- Play to your strengths always
- My basements
- Understanding my basements
- Understanding and not feeling like my basements are negative
- Balconies and basement theory
- Basements

What resonated most with me during this first session about Clifton Strengths and EQ? (3/3)

- Basements
- The pencil/writing example
- Master your strengths, self aware
- Basements
- Basements
- Realizing what my strengths were
- Basements and Balconies
- Importance of self awareness
- Being able to see the perspective that coworkers can see you from.
- Focus more of my attention on my strengths and not my weakness
- Having a well balanced team
- Focus on peoples strengths, not weaknesses.
- Self awareness
- Understand my basements
- Balconies and basements
- The balconies
- Our basement statements

Other comments or questions?

- More info on the team dynamics.
Explaining the slides re team top and bottom strengths in more depth
- Great session!
- NA
- Thank you!
- No
- Good stuff!
- Thank you! Loved this.

Workshop Recap (1/5)

0 2 5

These two items that resonated most and I will take with me as a result of this development around EQ and Clifton Strengths:

(1/3)

- The increased awareness of knowing Everyone's strengths no matter position Balcony/basement really is an eye opener
- If I use my strengths I won't be as exhausted at the end of the day. Learn to use them! And learn to find my weaknesses in others who are stronger than me. Teamwork.
- The "pillars" and making a personal mission statement.
- 10 year plan strengths
- Understanding myself better and my strengths.
- Basements and pillars
- Self awareness and awareness of others Focusing on my why
- Look at your weaknesses and accept that these are your weaknesses. Can someone. Else fill in to assist in those areas
- Choose Pillar of Interest to

These two items that resonated most and I will take with me as a result of this development around EQ and Clifton Strengths:

(2/3)

- set goal Do IT
- I love knowing this mom of stuff and love knowing how people interact differently and why
- Basements aren't bad, and knowledge of what yours are is a must for self awareness
- Thanks for getting me going on a personal mission statement!
- Basements aren't always negative
- Set a goal Know other's strengths
- The 6 pillars of life- what to focus on
- 6Pillar analysis helps refocus.
- Making goals for myself. We create them as a group but not individually. Creating a mission statement for myself to go by.
- Basements 6 Pillars
- Personal goals to improve my professional life Using it to help others
- Identifying my basements

Workshop Recap (1/5)

0 2 5

These two items that resonated most and I will take with me as a result of this development around EQ and Clifton Strengths:

(3/3)

- Goal setting Be aware of basements
- Learn teams strengths, focus on strengths and how we can support eachother using our strengths
- Identifying the basements and setting goals
- How important it is to identify individuals strengths
- Use my strengths!

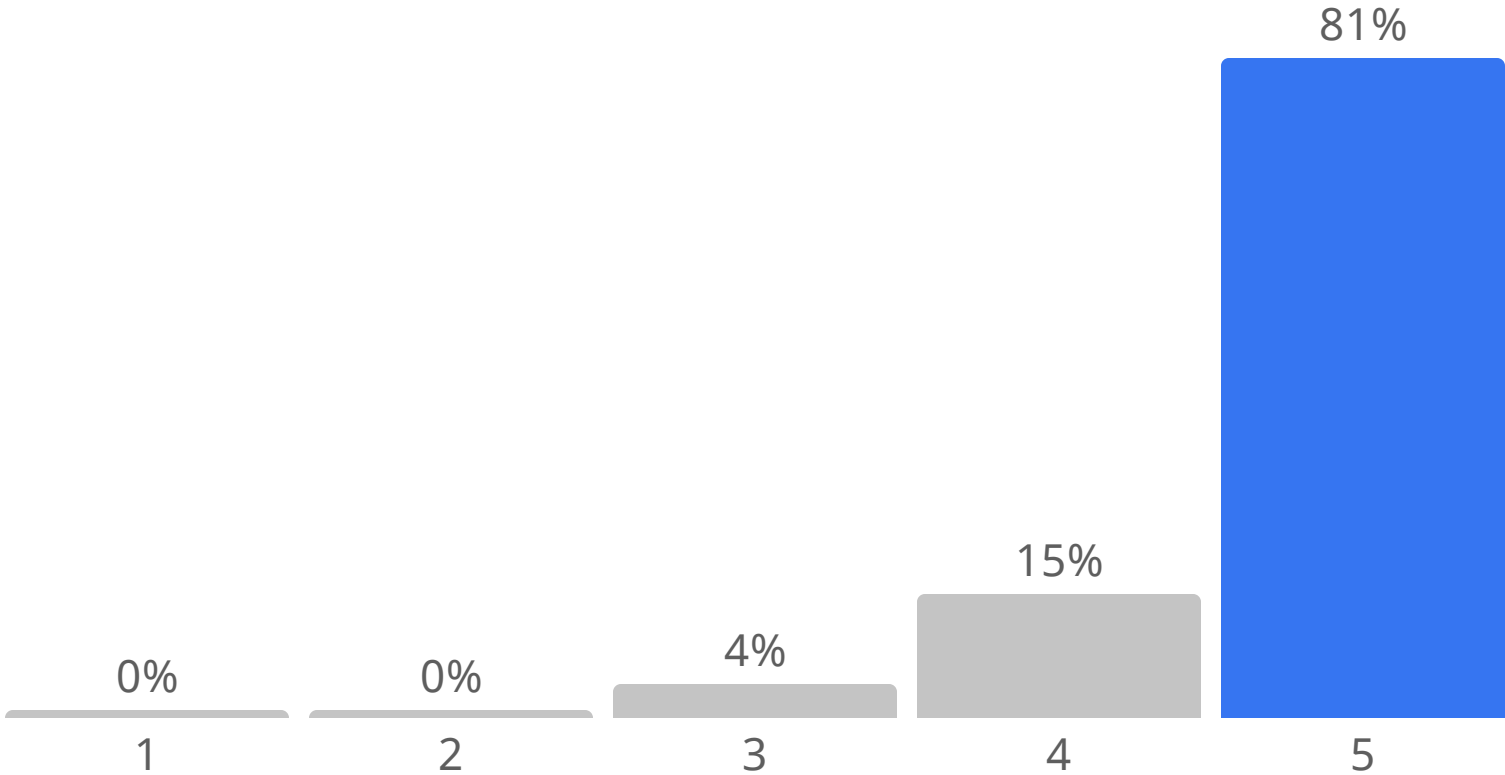
Rating poll

Workshop Recap (2/5)

0 2 6

Today's session on my Clifton Strengths is important and will be helpful for me going forward and worth my time today: (1 star not helpful - 5 Stars very helpful)

Score: 4.8



My greatest take away around Goal Setting and Personal Innovation was the following: (1/2)

- Doesn't have to be big but meaningful
- Have a mission statement, and be able to state it. Rehearse it.
- I am eager to develop a plan around my goals and how to focus and achieve them.
- having a mission statement. new to me
- how few people set goals... I tell my family you need to have a goal and purpose.
- How my pillars are numbered
- Write it to start it
- Choose Success
- Write it down
- Narrow the focus of what's most important in my life.
- Create my mission statement and goals
- If I'm better personally, I can be better for my team. I need to give back to me as well
- Small goals are okay
- Identifying my goal
- Set my goal

Workshop Recap (3/5)

0 1 8

My greatest take away around Goal Setting and Personal Innovation was the following:
(2/2)

- Work smarter not harder
- Importance of the steps
- .

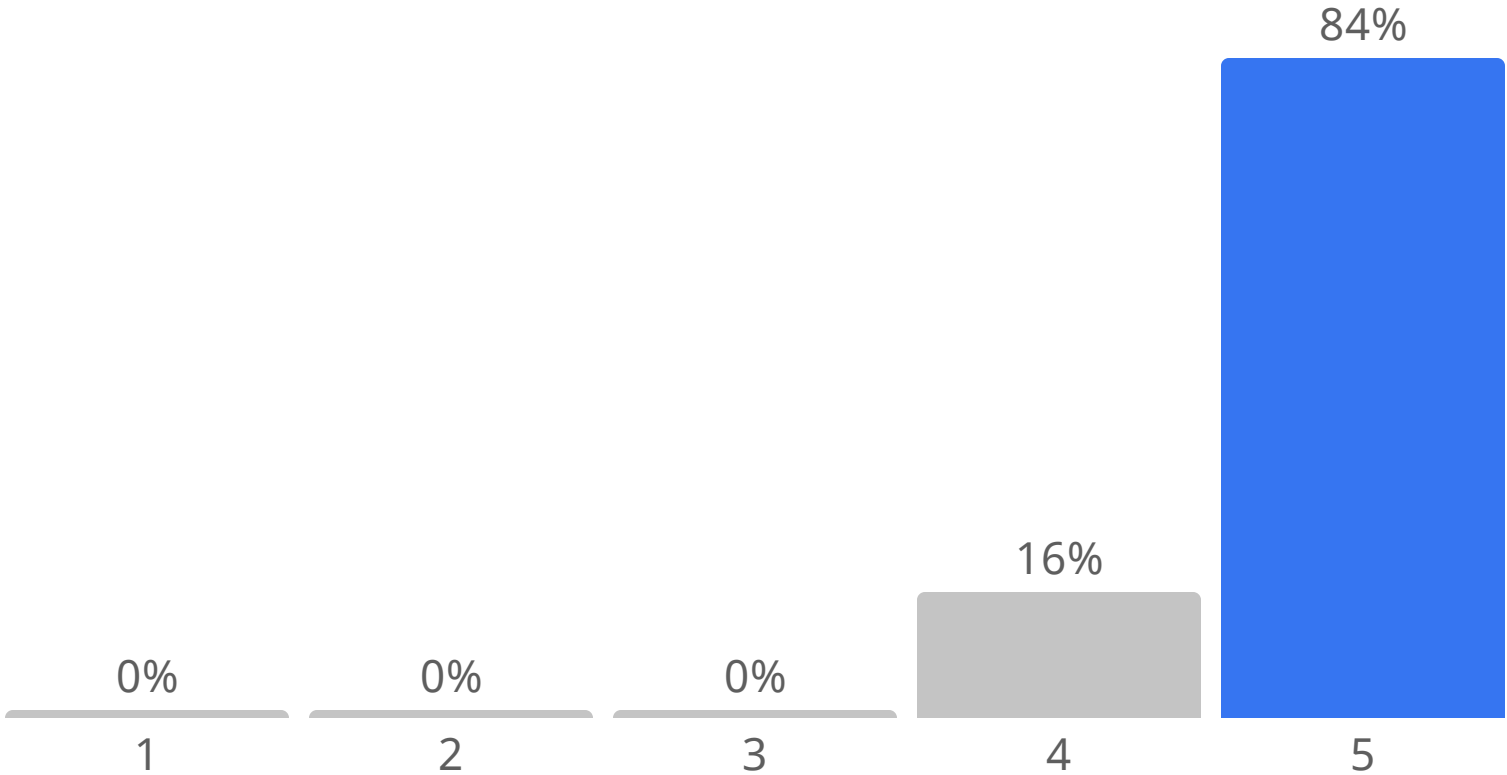
Rating poll

Workshop Recap (4/5)

0 2 5

Today's session on Goal Setting and Personal Innovation is important and will be helpful for me going forward and worth my time today: (1 Star not helpful - 5 Stars very helpful)

Score: 4.8

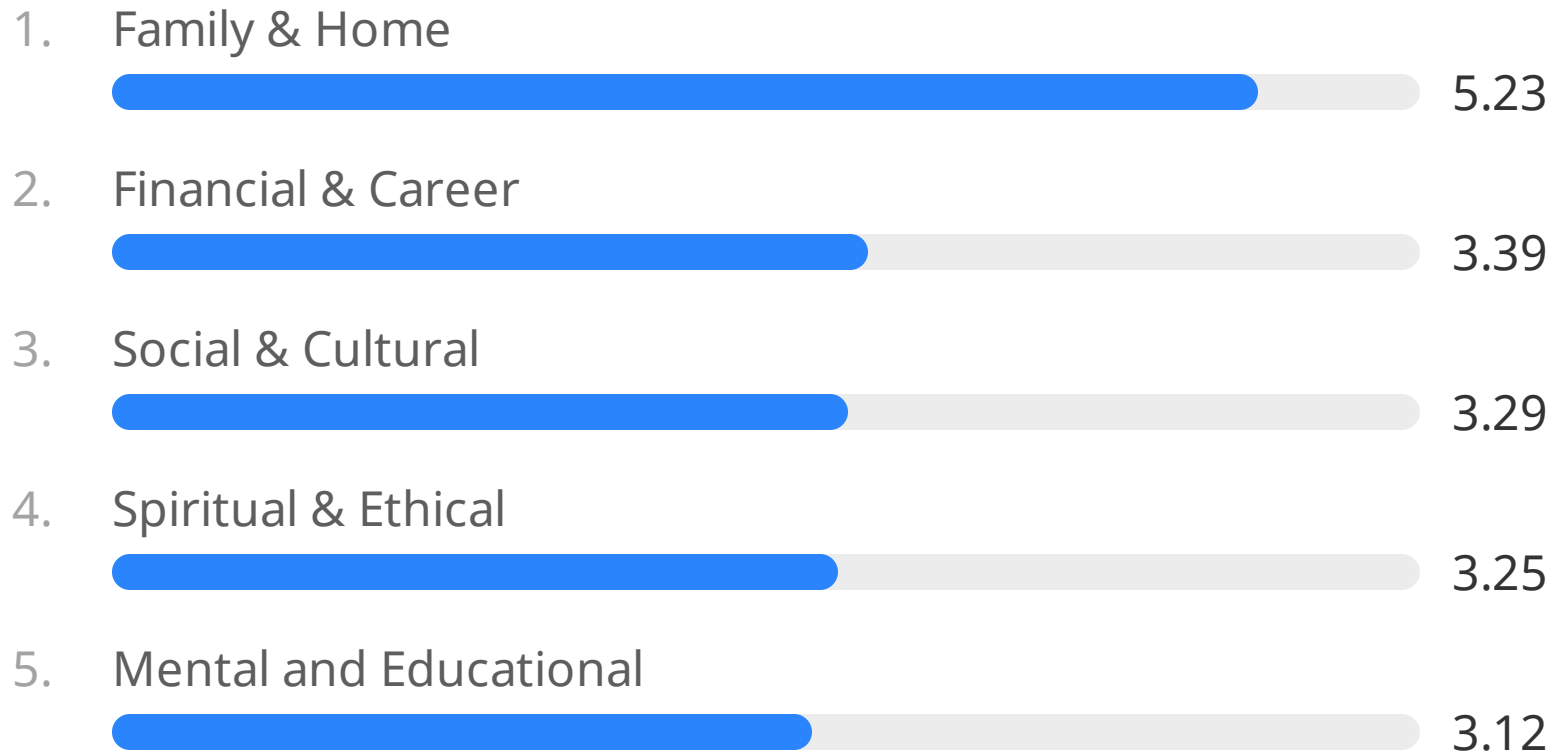


Any other observations, take a ways or feedback to make this session better?

- Very much hitting the nail on the head
- I'm a Learner so obviously have ALL the handouts!! Thank you!
- more interaction and workshop pieces
- Thank you for the positive perspective!
- Great session. Very reflective!
- Love the handouts

Rank your "pillars" from highest or #1 level of satisfaction to lowest or #6 level of satisfaction.
(1/2)

065



Rank your "pillars" from highest or #1 level of satisfaction to lowest or #6 level of satisfaction.
(2/2)

0 6 5

6. Physical & Health



What do you do differently today compared to what you did prior to CoVid?

0 4 9

(1/3)

- Read and no TV
- Push myself past my limits
- Virtual meetings
- Apologies for being ill. Never had to apologize for being sick before.
- shopping cart cleaning wipes
- On line shopping
- Zoom
- Making when going out
- Technology. Value time and connections with various people.
- I miss people
- Zoom for connections with people further away Curbside shopping Sharing responsibilities with other staff members
- Longer hours, work in more departments
- More online shopping, hand sanitizer stocked everywhere
- More zoom
- Isolation, work more hours(noon mtgs), shout off TV and now read!
- Work from home
- I was more social before COVID but I like having time for me. I don't like large groups of people
- I get residents their morning coffee, drinks, bus tables

What do you do differently today compared to what you did prior to CoVid?

0 4 9

(2/3)

- for breakfast so I check their temps.
- -Grocery Delivery. Never want to go back!
- Becoming more introverted
- Pre order my groceries
- Connect with strangers
- Caring for our residents. Not go out as much
- Working remotely
- Use of QR codes
- Less family time
- Zoom meetings
- Working from home office.
- Longer work hours!!! No one wants to work
- Cocktails to go
- Masking every day at work, tired of it
- Less human contact
- Order way more online!
- I avoid social gatherings
- Shopping pick up
- Actually not much! I'm very lucky, just more aware of enjoying nature.
- Deliveries
- I value my time with my loved

What do you do differently today compared to what you did prior to CoVid?

0 4 9

(3/3)

- ones much more than I did before.
- Eat out less
- More efficient with meetings
- More online shopping
- cocktails to go
- Not go out as much
- Quality versus quantity
- On line grocery ordering
- Take time to spend with family.
- Pick up groceries, don't go into the grocery store.
- ability to use technology and have zoom calls
- Ordering on fast food apps
- Work longer hours
- Living with my ex wife
- Shopping online
- Eat at home more
- Social distance at the store.
- I work harder

What is your role or "generic" job title?

055

